

Date & Time

30<sup>th</sup> May, 2022 @16 hrs.



Google Meet Link

<https://meet.google.com/bax-wgtv-ydv>

## Regional Centre Jabalpur

presenting a talk on the topic

*Managing Self & Career with Positive Psychology and Yoga*

Key Speaker

**Prof. Ashish Pandey, IIT, Mumbai**

under the auspices of

**Prof. Nageshwar Rao, Hon'ble Vice Chancellor, IGNOU**

with well wishes of

**Prof. Satyakam, Hon'ble PVC ,**

**Dr. U.C.Pandey, Director, RSD,**

**Dr. Srikant Mohapatra, Hon'ble PVC**